

STAY ALIVE SUICIDE PREVENTION CARD

WHEN GOING THROUGH A TOUGH TIME
I HAVE THE STRENGTH AND WILL TO HOLD ON

I'M NOT DYING TODAY, I WILL FIGHT TO STAY ALIVE,
I MATTER, I'M ENOUGH, I'M AMAZING, I LIKE MYSELF,
I WON'T ALWAYS FEEL LIKE THIS, I'M NOT GIVING IN,
I'M LOVED, I BRIGHTEN THE WORLD, I'M A SURVIVOR,
I'M MAKING IT THROUGH ANOTHER DAY, I'M NEEDED

GOD WILL WIPE AWAY ALL TEARS FROM THEIR EYES, THERE WILL BE
NO MORE DEATH, SORROW, CRYING, OR PAIN ... REVELATION 21:4