**I’M SO ANGRY AT YOU GOD**

**GET IT ALL OUT - WRITE A LETTER TO GOD TELLING HIM EVERYTHING I’M UPSET ABOUT**

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| **WHY AM I FEELING SO ANGRY TOWARDS GOD? WHY AM I BLAMING HIM?** |
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**CREATED BY GALLERY OF HOPE – WWW.GALLERYOFHOPE.ME**

**I’M SO ANGRY AT YOU GOD - WHY DID YOU TAKE MY LOVED ONE?**

**GET IT ALL OUT - WRITE A LETTER TO GOD TELLING HIM EVERYTHING/ASKING WHY**

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| **WHY AM I FEELING SO ANGRY TOWARDS GOD? WHY AM I BLAMING HIM?/NOTES** |
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**I’M SO THANKFUL FOR YOU GOD - THANK YOU FOR EVERYTHING**

**WRITE A LETTER TO GOD TELLING HIM EVERYTHING I’M THANKFUL FOR**

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**FAVORITE POSITIVE BIBLE VERSES**

**WRITE DOWN POSITIVE BIBLE VERSES BELOW (OR USE AN EXAMPLE PAGE)**

**BIBLE VERSES CAN SHOW LOVE, STRENGTH, ENCOURAGEMENT, HOPE, JOY, ETC**

**THEN READ AT LEAST ONE BIBLE VERSE AFTER WAKING UP & BEFORE GOING TO BED**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**BIBLE VERSE: BIBLE VERSE:**

**I AM AS A WONDER TO MANY, BUT YOU ARE MY STRONG REFUGE. PSALM 70:7**

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**BIBLE VERSES - EXAMPLES**

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| **FOR I KNOW MY THOUGHTS THAT I THINK ABOUT YOU, DECLARES THE LORD, THOUGHTS OF PEACE AND NOT HARM,**  **TO GIVE YOU A FUTURE WITH HOPE.**  **JEREMIAH 29:11** | **DAILY MY ENEMIES WANT TO SWALLOW ME UP, FOR THERE ARE MANY WHO FIGHT AGAINST ME. O MOST HIGH, WHEN I AM AFRAID, I WILL TRUST IN YOU. PSALM 56:2,3** |
| **THE HEART OF THE WISE TEACHES THEIR MOUTHS, AND ADDS GOOD WORDS TO THEIR LIPS. PROVERBS 16:23** | **AS YOU WANT PEOPLE TO TREAT YOU,**  **DO LIKEWISE TO THEM (AND TO MYSELF).**  **LUKE 6:31** |
| **LET ALL THAT I DO, BE DONE IN LOVE.**  **1 CORINTHIANS 16:14** | **I AM AS A WONDER TO MANY, BUT YOU ARE MY STRONG REFUGE. PSALM 71:7** |
| **DON’T WORRY ABOUT ANYTHING,**  **INSTREAD PRAY ABOUT EVERYTHING,**  **TELL GOD MY NEEDS, AND DON’T FORGET TO THANK HIM FOR HIS ANSWERS.**  **PHILIPPIANS 4:6** | **I WAS PUSHED HARD, SO THAT I WAS FALLING, BUT THE LORD HELPED ME. THE LORD IS MY STRENGTH AND MY MIGHT, HE HAS BECOME MY SALVATION.**  **PSALM 118:13** |
| **IF I DO THIS, I WILL EXPERIENCE GOD’S PEACE, WHICH IS FAR MORE WONDERFUL THAN THE HUMAN MIND CAN UNDERSTAND. HIS PEACE WILL KEEP MY THOUGHTS AND MY HEART QUIET, AND AT REST AS I TRUST IN CHRIST JESUS. PHILIPPIANS 4:7** | **LET NO EVIL TALK COME OUT OF YOUR MOUTH, BUT ONLY WHAT IS USEFUL**  **FOR BUILDING UP, AS THERE IS NEED,**  **SO THAT YOUR WORDS MAY GIVE GRACE**  **TO THOSE WHO HEAR IT.**  **EPHESIANS 4:29** |
| **IS ANYONE AMONG YOU SUFFERING?**  **LET THEM PRAY. IS ANYONE CHEERFUL? LET THEM SING PRAISE. JAMES 5:13** | **FOR GOD HAS NOT GIVEN ME THE SPIIRT OF FEAR, BUT OF POWER, OF LOVE, AND OF SELF-DISCIPLINE. 2 TIMOTHY 1:7** |
| **YOU HAVE PAIN NOW, BUT I WILL SEE YOU AGAIN, AND YOUR HEART WILL REJOICE. LET NO ONE TAKE YOUR JOY FROM YOU. JOHN 16:22** | **GOD BLESSES YOU WHO ARE HUNGRY NOW, FOR YOU WILL BE SATISFIED. GOD BLESSES YOU WHO WEEP NOW, FOR IN DUE TIME YOU WILL LAUGH. LUKE 6:21** |
| **BE KIND ONE TO ANOTHER, TENDERHEARTED, FORGIVING ONE ANOTHER, EVEN AS GOD FOR CHRIST’S SAKE HAS FORGIVEN YOU.**  **EPHESIANS 4:32** | **DO NOT WORRY ABOUT TOMORROW, FOR TOMORROW WILL BRING**  **WORRIES OF ITS OWN. TODAY’S**  **TROUBLE IS ENOUGH FOR TODAY.**  **MATTHEW 6:34** |

**I HAVE SPOKEN THESE THINGS TO YOU, SO MY JOY MIGHT REMAIN IN YOU,**

**AND YOUR JOY WILL BE FULL. JOHN 15:11**

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**BIBLE VERSES – EXAMPLES**

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| **I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME.**  **PHILIPPIANS 4:13** | **O LORD, YOU ARE MY FATHER, I AM THE CLAY, AND YOU ARE MY POTTER. I AM THE WORK OF YOUR HANDS. ISAIAH 64:8** |
| **YOU O LORD, ARE A SHIELD AROUND ME, MY GLORY, AND THE ONE WHO LIFTS UP MY HEAD. PSALM 3:3** | **I WILL BOTH LIE DOWN IN PEACE, AND SLEEP. FOR YOU ALONE, O LORD, CAN MAKE ME DWELL IN SAFETY. PSALM 4:8** |
| **THE LORD IS NEAR TO THEM WHO HAVE**  **A BROKEN HEART, AND SAVES THOSE CRUSHED IN SPIRIT. PSALM 34:18** | **TRUST IN THE LORD WILL ALL YOUR HEART, AND DO NOT RELY ON YOUR OWN UNDERSTANDING. PROVERBS 3:5** |
| **MY HELP COMES FROM THE LORD, WHO MADE HEAVEN AND EARTH. PSALM 121:2** | **MY SOUL WILL REJOICE WHEN YOUR LIPS SPEAK WHAT IS RIGHT. PROVERBS 23:16** |
| **BUT THE VERY HAIRS OF YOUR HEAD**  **ARE ALL NUMBERED.**  **MATTHEW 10:30** | **CLAP YOUR HANDS, EVERYONE, SHOUT TO GOD WITH LOUD SONGS OF JOY. PSALM 47:1** |
| **LISTEN MY CHILD, BE WISE, AND KEEP YOUR HEART ON THE RIGHT PATH.**  **PROVERBS 23:19** | **IN EVERYTHING I DO, PUT GOD FIRST, AND HE WILL DIRECT MY PATHS. PROVERBS 3:6** |
| **PLEASANT WORDS ARE LIKE A HONEYCOMB, SWEETNESS TO THE SOUL AND HEALTH TO THE BODY.**  **PROVERBS 16:24** | **GOD PLANNED FOR US TO BE ADOPTED AS HIS CHILDREN THROUGH JESUS CHRIST, ACCORDING TO THE GOOD PLEASURE OF HIS WILL. EPHESIANS 1:5** |
| **BEHOLD, A MAIDEN WILL BE WITH CHILD, AND WILL BRING FORTH A SON. THEY WILL CALL HIS NAME EMMANUEL, WHICH BEING INTERPRETED IS, “GOD WITH US.” MATTHEW 1:23** | **BUT I SAY TO YOU WHO LISTEN, “LOVE YOUR ENEMIES, DO GOOD TO THEM WHO HATE YOU, BLESS THEM WHO CURSE YOU, AND PRAY FOR THEM WHO DESPITEFULLY USE YOU.” LUKE 6:27.28** |
| **GOD WILL WIPE AWAY ALL TEARS FROM MY EYES, AND THERE WILL BE NO MORE DEATH, SORROW, OR CRYING, NEITHER WILL THERE BE ANY MORE PAIN. REVELATION 21:4** | **FOR GOD SO LOVED THE WORLD THAT HE GAVE HIS ONLY SON, SO THAT EVERYONE WHO BELIEVES IN HIM SHOULD NOT PERISH BUT HAVE ETERNAL LIFE.**  **JOHN 3:16** |
| **AS A DEER LONGS FOR FLOWING STREAMS, SO MY SOUL LONGS FOR YOU, O GOD. PSALM 42:1** | **GOD HEALS THE BROKEN IN HEART,**  **AND WRAPS UP THEIR WOUNDS.**  **PSALM 147:3** |

**WHEN MY FATHER OR MOTHER LEAVES ME,**

**THE LORD WILL TAKE CARE OF ME. PSALM 27:10**

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**BIBLE VERSES – EXAMPLES**

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| **CREATE IN ME A PURE HEART, O GOD, AND PUT A NEW AND PERFECT SPIRIT WITHIN ME. PSALM 51:10** | **FROM HEAVEN, GOD IS A FATHER TO THE FATHERLESS, AND A DEFENDER OF THEIR MOTHERS. PSALM 68:5** |
| **BECAUSE YOU HAVE BEEN MY HELP,**  **IN THE SHADOW OF YOUR WINGS I WILL REJOICE. PSALM 63:7** | **THIS IS THE DAY WHICH THE LORD HAS MADE. I WILL REJOICE AND BE GLAD IN IT. PSALM 118:24** |
| **KNOW THAT THE LORD IS GOD. IT IS HE THAT MADE ME, AND I AM HIS.**  **PSALM 100:3** | **IN EVERYTHING GIVE THANKS. FOR THIS IS THE WILL OF GOD IN CHRIST JESUS CONCERNING ME. I THESSALONIANS 5:18** |
| **COME TO ME, WHEN YOU ARE WEARY AND CARRYING HEAVY BURDENS, AND I WILL GIVE YOU REST. MATTHEW 11:28** | **THE LORD KNOWS THE NUMBER OF STARS, AND HE CALLS THEM ALL BY THEIR NAMES. PSALM 147:4** |
| **THEY WHO WAIT FOR THE LORD WILL RENEW THEIR STRENGTH, THEY WILL RISE UP WITH WINGS AS EAGLES, THEY WILL RUN AND NOT GET EXHAUSTED, AND THEY WILL WALK AND NOT GET TIRED. ISAIAH 40:31** | **I WILL GO OUT IN JOY, AND BE LED FORTH IN PEACE. THE MOUNTAINS AND HILLS WILL BURST INTO SONG BEFORE ME, AND ALL THE TREES OF THE FIELD WILL CLAP THEIR HANDS. ISAIAH 55:12** |
| **I LOVE YOU, O LORD, MY STRENGTH. THE LORD IS MY ROCK, MY FORTRESS, AND MY DELIVERER. MY GOD IS MY ROCK IN WHOM I WILL TRUST AND TAKE REFUGE, MY SHIELD,**  **THE POWER OF MY SALVATION, AND MY STRONGHOLD. PSALM 18:1,2** | **IN MY FATHER’S HOUSE THERE ARE MANY MANSIONS, IF IT WERE NOT SO, I WOULD HAVE TOLD YOU. IF I GO AND PREPARE A PLACE FOR YOU, I WILL COME AGAIN, AND RECEIVE YOU TO MYSELF, SO THAT WHERE I AM, YOU MAY BE ALSO.**  **JOHN 14:2,3** |
| **FINALLY BELOVED, WHATEVER IS TRUE, WHATEVER IS HONEST, WHATEVER IS JUST, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE,**  **IF ANYTHING IS VIRTUOUS, AND**  **IF ANYTHING IS PRAISEWORTHY,**  **THINK ABOUT THESE THINGS.**  **PHILIPPIANS 4:8** | **BEHOLD, I SHOW YOU A MYSTERY.**  **WE WILL NOT ALL SLEEP, BUT WE WILL ALL BE CHANGED, IN A MOMENT,**  **IN THE TWINKLING OF AN EYE,**  **AT THE LAST TRUMP. FOR THE TRUMPET WILL SOUND, THE DEAD WILL BE RAISED IMMORTAL, AND WE WILL BE CHANGED.**  **1 CORINTHIANS 15:51,52** |

**LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, SOUL, MIND, AND STRENGTH. THIS**

**IS THE FIRST COMMANDMENT. THE SECOND IS THIS: LOVE YOUR NEIGHBOR AS YOUR-**

**SELF, FOR THERE IS NO OTHER COMMANDMENT GREATER THAN THESE. MARK 12:30,31**

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**BIBLE VERSES ABOUT HEALTH/LIFE**

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| **PLEASANT WORDS ARE LIKE HONEYCOMB SWEET TO THE SOUL, AND HEALTH**  **TO THE BONES. PROVERBS 16:24** | **O LORD MY GOD, I CRIED TO YOU,**  **AND YOU HAVE HEALED ME.**  **PSALM 30:2** |
| **THE PRAYER OF FAITH WILL SAVE THE SICK, THE LORD WILL RAISE THEM UP,**  **AND IF THEY HAVE COMMITTED SINS, THEY WILL BE FORGIVEN. JAMES 5:15** | **HEAL ME, O LORD, AND I WILL BE HEALED. SAVE ME, AND I WILL BE SAVED. FOR YOU ARE MY PRAISE.**  **JEREMIAH 17:14** |
| **GOD BE MERCIFUL TO US, AND BLESS US. LET YOUR FACE SHINE UPON US, SO YOUR WAY MAY BE KNOWN ON EARTH, YOUR SAVING HEALTH AMONG ALL NATIONS. PSALM 67:1,2** | **CONFESS YOUR FAULTS TO EACH OTHER, AND PRAY FOR EACH OTHER, SO YOU MAY BE HEALED. THE EFFICENT PASSIONATE PRAYER OF A RIGHTOUS PERSON ACCOMPLISHES MUCH.**  **JAMES 5:16** |
| **I CREATE THE FRUIT OF THE LIPS. PEACE, PEACE TO THEM THAT ARE FAR OFF, AND TO THEM THAT ARE NEAR, SAYS THE LORD, AND I WILL HEAL THEM.**  **ISAIAH 57:19** | **YOU WILL SHOW ME THE PATH OF LIFE. IN YOUR PRESENCE IS FULNESS OF JOY.**  **AT YOUR RIGHT HAND SIDE,**  **THERE ARE PLEASURES FOR EVERMORE. PSALM 16:11** |
| **O LORD, YOU HAVE BROUGHT MY SOUL**  **UP FROM THE GRAVE. YOU HAVE KEPT ME ALIVE, SO THAT I SHOULD NOT**  **GO DOWN TO THE PIT. PSALM 30:3** | **BLESS THE LORD, O MY SOUL, AND DO NOT FORGET ALL HIS BENEFITS. FOR HE FORGIVES ALL YOUR SINS AND HEALS ALL YOUR DISEASES. PSALM 103:2,3** |
| **THEN YOUR LIGHT WILL BREAK FORTH AS THE MORNIG, YOUR HEALTH WILL SPRING FORTH SPEEDILY, YOUR RIGHTEOUSNESS WILL GO BEFORE YOU, AND THE GLORY OF THE LORD WILL BE YOUR REWARD.**  **ISAIAH 58:8** | **WHY ARE YOU CAST DOWN, O MY SOUL? WHY ARE YOU DISTURBED WITHIN ME? HAVE HOPE IN GOD!**  **FOR I WILL STILL PRAISE HIM WHO IS**  **THE HEALTH OF MY COUNTENANCE,**  **AND MY GOD. PSALM 42:11** |
| **MY CHILD, PAY ATTENTION TO MY WORDS AND LISTEN INTENTLY TO MY SAYINGS, LET THEM NEVER DEPART FROM YOUR EYES, KEEP THEM IN THE MIDST OF YOUR HEART. FOR THEY ARE LIFE TO THOSE WHO FIND THEM, AND HEALTH TO ALL THEIR FLESH. PROVERBS 4:20-22** | **BUT HE WAS WOUNDED FOR OUR TRANSGRESSIONS, HE WAS BRUISED**  **FOR OUR INIQUITIES.**  **THE CHASTISEMENT OF OUR PEACE**  **WAS UPON HIM,**  **AND WITH HIS STRIPES WE ARE HEALED.**  **ISAIH 53:5** |

**THE SPIRIT AND THE BRIDE SAY, “COME.” LET THEM WHO HEAR SAY, “COME.”**

**LET THEY WHO ARE THIRSTY COME, AND WHOEVER WILL,**

**LET THEM FREELY TAKE FROM THE WATER OF LIFE. REVELATION 22:17**

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**ENJOY/TREASURE GOOD TIMES, ACCEPT THE BAD, KEEP HOPE WITHOUT FEAR, KNOW THAT IF THERE IS NO HEALING/ANSWERS TO PRAYER, IT’S OK, IT’S TIME**

**THERE IS A SEASON FOR EVERYTHING,**

**AND A TIME FOR EVERY MATTER UNDER THE HEAVEN.**

**A TIME TO BE BORN,**

**AND A TIME TO DIE.**

**A TIME TO PLANT,**

**AND A TIME TO PLUCK UP THAT WHICH WAS PLANTED.**

**A TIME TO DESTROY,**

**AND A TIME TO HEAL.**

**A TIME TO BREAK DOWN,**

**AND A TIME TO REPAIR.**

**A TIME TO WEEP,**

**AND A TIME TO LAUGH.**

**A TIME TO MOURN,**

**AND A TIME TO DANCE.**

**A TIME TO DEMOLISH,**

**AND A TIME TO BUILD.**

**A TIME TO EMBRACE,**

**AND A TIME TO REFRAIN FROM EMBRACING.**

**A TIME TO GET,**

**AND A TIME TO LOSE.**

**A TIME TO KEEP,**

**AND A TIME TO THROW AWAY.**

**A TIME TO RIP,**

**AND A TIME TO SEW.**

**A TIME TO KEEP SILENT,**

**AND A TIME TO SPEAK.**

**A TIME TO LOVE,**

**AND A TIME TO HATE.**

**A TIME OF WAR,**

**AND A TIME OF PEACE.**

**ECCLESIASTES 3:1-8**

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**BIBLE VERSE STATEMENTS**

**WRITE DOWN BIBLE VERSES THAT I LIKE. THEN FROM EACH VERSE CREATE AT LEAST ONE POSITIVE STATEMENT NEEDED FOR HEALING. READ THESE STATEMENTS EVERY DAY.**

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| **STATEMENT(S):** |
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**BIBLE VERSE STATEMENTS - EXAMPLES**

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| **STATEMENT: GOD WANTS ME TO HAVE PEACEFUL THOUGHTS, NO HURTS, AND A**  **FUTURE WITH HOPE!** |
| **FOR I KNOW MY THOUGHTS THAT I THINK ABOUT YOU, DECLARES THE LORD,**  **THOUGHTS OF PEACE AND NOT HARM, TO GIVE YOU A FUTURE WITH HOPE. JEREMIAH 29:11** |
| **STATEMENT: I WILL ONLY SPEAK NICE WORDS TO MYSELF AND OTHER PEOPLE!** |
| **THE HEART OF THE WISE TEACHES THEIR MOUTHS, AND ADDS GOOD WORDS TO THEIR LIPS. PROVERBS 16:23** |
| **STATEMENT: I WILL SHOW LOVE AND COMPASSION TO MYSELF (AND OTHERS)!** |
| **LET ALL THAT I DO, BE DONE IN LOVE. 1 CORINTHIANS 16:14** |
| **STATEMENT: I WILL NOT WORRY TODAY! I’M GIVING GOD MY BURDENS! THANK YOU**  **GOD FOR TAKING MY CARES AND ANSWERING MY PRAYERS!** |
| **DON’T WORRY ABOUT ANYTHING, INSTEAD PRAY ABOUT EVERYTHING, TELL GOD MY NEEDS, AND DON’T FORGET TO THANK HIM FOR HIS ANSWERS. PHILIPPIANS 4:6** |
| **STATEMENT: GOD GIVES ME PEACE THAT QUIETS MY ANXIETY! I WILL NOT WORRY!** |
| **IF I DO THIS, I WILL EXPERIENCE GOD’S PEACE, WHICH IS FAR MORE WONDERFUL THAN THE HUMAN MIND CAN UNDERSTAND. HIS PEACE WILL KEEP MY THOUGHTS AND MY HEART QUIET, AND AT REST AS I TRUST IN CHRIST JESUS. PHILIPPIANS 4:7** |
| **STATEMENT: I WILL PRAY WHEN IN PAIN, AND I WILL SING WHEN I’M FEELING HAPPY!** |
| **IS ANYONE AMONG YOU SUFFERING?**  **LET THEM PRAY. IS ANYONE CHEERFUL? LET THEM SING PRAISE. JAMES 5:13** |
| **STATEMENT: I ACCEPT THERE WILL BE HEARTACHES IN LIFE! I WILL REMAIN JOYFUL!**  **I WON’T LET ANYONE OR MY NEGATIVE THOUGHTS TAKE AWAY MY JOY! I HAVE JOY!** |
| **YOU HAVE PAIN NOW, BUT I WILL SEE YOU AGAIN, AND YOUR HEART WILL REJOICE.**  **LET NO ONE TAKE YOUR JOY FROM YOU. JOHN 16:22** |
| **STATEMENT: I FORGIVE MYSELF! I FORGIVE ANYONE WHO HAS HURT ME! I WANT TO BE**  **KIND AND LOVING TO MYSELF! I WANT TO BE KIND AND CARING TOWARDS OTHERS!** |
| **BE KIND ONE TO ANOTHER, TENDERHEARTED, FORGIVING ONE ANOTHER,**  **EVEN AS GOD FOR CHRIST’S SAKE HAS FORGIVEN YOU. EPHESIANS 4:32** |
| **STATEMENT: WHEN I’M AFRAID, I TRUST IN GOD!** |
| **DAILY MY ENEMIES WANT TO SWALLOW ME UP, FOR THERE ARE MANY WHO FIGHT**  **AGAINST ME. O MOST HIGH, WHEN I AM AFRAID, I WILL TRUST IN YOU. PSALM 56:2,3** |
| **STATEMENT: I WILL TREAT MYSELF AND OTHERS WITH KINDNESS AND RESPECT!** |
| **AS YOU WANT PEOPLE TO TREAT YOU, DO LIKEWISE TO THEM. LUKE 6:31** |
| **STATEMENT: I’M UNIQUE AND PROUD OF IT! I’M GLAD GOD IS ALWAYS THERE FOR ME!** |
| **I AM AS A WONDER TO MANY, BUT YOU ARE MY STRONG REFUGE. PSALM 71:7** |
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**BIBLE VERSE STATEMENTS - EXAMPLES**

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| **STATEMENT: I WILL NOT SAY ANYTHING MEAN! I WILL ONLY SAY THOUGHTFUL AND**  **KIND WORDS THAT HELP SOMEONE OR MYSELF FEEL BETTER!** |
| **LET NO EVIL TALK COME OUT OF YOUR MOUTH, BUT ONLY WHAT IS USEFUL FOR BUILDING UP, AS THERE IS NEED, SO THAT YOUR WORDS MAY GIVE GRACE TO THOSE WHO HEAR IT. EPHESIANS 4:29** |
| **STATEMENT: GOD HAS GIVEN ME POWER, LOVE, AND STRENGTH TO CHANGE! I HAVE**  **SELF-CONTROL! I HAVE THE POWER AND STRENGTH TO OVERCOME MY ADDICTIONS!** |
| **FOR GOD HAS NOT GIVEN ME THE SPIIRT OF FEAR,**  **BUT OF POWER, OF LOVE, AND OF SELF-DISCIPLINE. 2 TIMOTHY 1:7** |
| **STATEMENT: LIFE CIRCUMSTANCES/ILLNESS MAY HAVE ME DOWN AND CRYING NOW,**  **BUT WHEN THE TIME IS RIGHT, I WILL BE LAUGHING AGAIN!** |
| **GOD BLESSES YOU WHO ARE HUNGRY NOW, FOR YOU WILL BE SATISFIED. GOD BLESSES YOU WHO WEEP NOW, FOR IN DUE TIME YOU WILL LAUGH. LUKE 6:21** |
| **STATEMENT: I REFUSE TO WORRY ABOUT TOMORROW! I WILL MAKE IT THROUGH**  **TODAY BY HANDING ALL MY HEARTACHES, TROUBLES, AND BURDENS OVER TO GOD!** |
| **DO NOT WORRY ABOUT TOMORROW, FOR TOMORROW WILL BRING WORRIES OF ITS OWN. TODAY’S TROUBLE IS ENOUGH FOR TODAY. MATTHEW 6:34** |
| **STATEMENT: I’M NOT ALONE! BECAUSE OF JESUS, I HAVE A HEAVENLY FATHER WHO**  **LOVES ME AND I AM HIS!** |
| **GOD PLANNED FOR US TO BE ADOPTED AS HIS CHILDREN THROUGH JESUS CHRIST,**  **ACCORDING TO THE GOOD PLEASURE OF HIS WILL. EPHESIANS 1:5** |
| **STATEMENT: I AM LOVED! I WAS THOUGHTFULLY AND WONDERFULLY MADE!** |
| **O LORD, YOU ARE MY FATHER, I AM THE CLAY, AND YOU ARE MY POTTER.**  **I AM THE WORK OF YOUR HANDS. ISAIAH 64:8** |
| **STATEMENT: I HAVE PATIENCE! I KNOW THAT HEALING WILL HAPPEN ON YOUR**  **TIMELINE, NOT MINE! I UNDERSTAND THAT HEALING MAY OR MAY NOT COME TO ME,**  **AND I ACCEPT THAT!** |
| **TRUST IN THE LORD WILL ALL YOUR HEART, AND DO NOT RELY ON YOUR OWN UNDERSTANDING. PROVERBS 3:5** |
| **STATEMENT: I GIVE ALL MY HEAVY BURDENS TO GOD SO HE CAN CARRY THEM FOR ME!**  **I FEEL SO MUCH BETTER NOW, LIGHT AND FREE! THANK YOU SO MUCH GOD!** |
| **COME TO ME, WHEN YOU ARE WEARY AND CARRYING HEAVY BURDENS,**  **AND I WILL GIVE YOU REST. MATTHEW 11:28** |
| **STATEMENT: GOD LOVES ME VERY MUCH! GOD KNOWS ME BETTER THAN ANYONE!** |
| **BUT THE VERY HAIRS OF YOUR HEAD ARE ALL NUMBERED. MATTHEW 10:30** |
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